**Neurotoxin (BOTOX) Post Treatment Instructions**

* DO NOT DO THE FOLLOWING FOR AT LEAST **6 HOURS POST TREATMENT**
  + Do not lay down or lean forward, head should remain **UPRIGHT** for **6 HOURS**
  + Do not exercise
  + Do not touch areas treated
  + Do not wash your face
  + Do not apply makeup
  + Do not wash hair
  + Do not blow dry hair
  + Do not color hair
  + Do not wear a hat
  + Do not perform activities that require your head to go below your heart
    - Ie: shoe shopping, yoga, stretching, changing clothes, etc.
* If your head changes positions too drastically or if the area is manipulated by any of the above activities the medicine could migrate and risk of EYELID DROOPING increases.
* You should not travel by airplane for TWO DAYS after you receive treatment